



St Mary's School Lunch Menu
This institution is an equal opportunity provider.

Wed., Feb. 1

Toasted Cheese Sandwich
Or
Tuna Salad Sandwich
Tomato Soup
Crackers
Vegetable Sticks
Petite Banana
Milk Choice

Thurs., Feb. 2

Sloppy Joe on a Bun
Baked Chips
Or
Chicken Caesar Salad with Muffin
Whole Grain Bread
Steamed Corn
Strawberry Cup
Milk Choice

Fri., Feb. 3

Tator Tot Casserole with Corn
Muffin
Or
Ham and Cheese on Bun
Green Beans
Fresh Grapes
Milk Choice

Mon., Feb. 6

Turkey in Gravy with Biscuit
Or
Macaroni & Cheese
Steamed Broccoli
Whole Grain Bread
Fresh Orange
Milk Choice

Tues., Feb. 7

Soft Shell Taco
Or
Turkey and Cheese Submarine Sandwich
Lettuce/Tomato/Salsa/Sour Cream
Refried Beans
Spicy Rice
Carrot Sticks
Banana
Milk Choice

Wed., Feb. 8

Chicken Nuggets
Or
Chicken and Berry Salad with Muffin
Mashed Potatoes with Gravy
Steamed Corn
Coleslaw
Whole Grain Bread
Fresh Apple
Milk Choice

Thur., Feb. 9

Chili and Cheese with Potato Wedges
Or
Cheeseburger with Potato Wedges
Vegetable Sticks
Pineapple Tidbits
Mandarin Oranges
Milk Choice

Fri., Feb. 10

Popcorn Chicken with Rice
Sweet and Sour Sauce
Or
Ham and Cheese Submarine
Green Beans
Whole Grain Bread
Pear Sauce
Fortune Cookie
Milk Choice

Mon., Feb. 13

Chicken Wrap
Or
Tuna Salad Sandwich
Steamed Broccoli
Baked Chips
Whole Grain Bread
Apple Sauce
Pudding Stick
Milk Choice

Tues., Feb. 14

Cheese Pizza
Or
Peanut Butter and Jelly Uncrustable
Garden Salad
Whole Grain Bread
Fresh Grapes
Fresh Oranges
Milk Choice

Wed., Feb. 15

Deluxe Nachos
Or
Chef Salad with Muffin
Vegetable Sticks
Refried Beans
Whole Grain Bread
Strawberry Cup
Milk Choice

Thur., Feb. 16

Turkey and Cheese Submarine
Or
Meatball Submarine
Pasta Salad
Carrot Sticks
Whole Wheat Bread
Pineapple Tidbits
Mandarin Oranges
Milk Choice

Fri., Feb. 17

No School
Parent Teacher Conferences

Mon., Feb. 20

No School
Teacher In-service

Tues., Feb. 21

Meat Sauce with Rotini Noodles
Breadstick
Or
Turkey Wrap
Garden Salad
Whole Grain Bread
Pear Sauce
Milk Choice

Wed., Feb. 22

Baked Fish Sticks
or
Berry Salad with Yogurt Cup and Cheese Stick
Roasted Potatoes
Coleslaw
Whole Grain Bread
Fresh Kiwi
Milk Choice

Thur., Feb. 23

Chicken Fajita Wrap
Or
Peanut Butter Uncrustable
Carrots with Dip
Spicy Rice
Whole Grain Bread
Pineapple Tidbits
Milk Choice

Fri., Feb. 24

Toasted Cheese Sandwich
Or
Tuna Salad on Bun
Garden Salad
Baked Beans
Whole Grain Bread
Fresh Apple
Milk Choice